

महीं मूलाधारे कमिप मिणपूरे हुतवहं स्थितं स्वाधिष्ठाने हृदि मरुत–माकाश–मुपरि । मनोऽपि भूमध्ये सकलमिप भित्वा कुलपथं सहस्रारे पद्मे सह रहिस पत्या विहरसे ।। ९

Sri Sahasrara Padma Viharinyai Namaha
Places where the Devi does Sancharam!
Mastery over the 5 elements पञ्च भूत वश्यता सिध्यर्थम्

मूलाधारे महीं (Oh, Mother, You) transcending the tattva, of Earth in the Muladhara cakra, मणिपूरे कमि , of water in the Manipura cakra; स्वाधिष्ठाने स्थितं हुतवहं of Agni in the Svadhishthana cakra, हृदि मरुतम् of Wind in the Anahata cakra, आकाशम् of Space उपरि above (anahata) in the Visuddhi cakra, मनोऽपि भूमध्ये of the Mind tattva in the middle of the brows (in the Ajna cakra), सकलं कुलं पदमि भित्वा likewise, breaking through all the cakras along the Sushumna, सहस्रारे पद्मे above, in the 1000-petalled Sahasrara, रहिस in a secret place, (You) विहरसे sport पत्या सह with your husband!!

Breaking through the Moladhara, the Manipura, the Svadhishthana, the Anahata, the Visuddhi and the Ajna Cakras, and having crossed Earth, Water, Air, Ether and Mind tattvas of the respective cakras, You reach the thousand-petalled lotus, and sport there with Your spouse Sadasiva!

Japam: Morning 1000 times for 45 d; Separated

relatives return back; Mastery over the five elements; ashtaisvarya siddhi!

Yantram:

Gold Plate smeared with civet

Naivedyam:

Annam with Pepper and Payasam

