

श्रुतीनां मूर्धानो दधित तव यौ शेखरतया ममाप्येतौ मातः शिरिस दयया धेहि चरणौ । ययोः पाद्यं पाथः पशुपित—जटाजूट—तिटनी ययो—लिक्षा—लक्ष्मी—रुण—हिरचूडामणि—रुचिः ॥८४॥

## Sri maatre Namaha

Power to enter other bodies
Parakaaya pravesha Sakti siddhyartham

मात: Oh, Mother! तव दयया Out of the bounty of Your compassion, मम अपि शिरिस धेहि place on my head too एती चरणे these Your two feet (which) श्रुतीनां मूर्धानो दधित the upanishads (the crown of the vedas) wear, शेखरतया as crest gem, पाद्यं पाथ: the water washing which, पशुपित—जटाजूट—तिटनी forms the Ganga in the hair locks of pasupati; ययो: for them, लाक्षा—लक्ष्मी: and the beauteous lac-dye (on which feet ) अरुण—हरिचूडामणि—रुचि: is crimson lustre of Hari's crest jewel!

Oh! Mother! Out of the bounty of Your compassion, be pleased to place on my head too, these Your two feet which the upanishads (the crown of the vedas) wear as crest gem, the water washing which forms the Ganga in the hair locks of pasupati, and the beauteous lac-dye on which feet is crimson lustre of Hari's crest jewel!

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Japam: Morning facing E/N 1000 times for 1 year

Benefit: Power to enter other bodies

Yantram: Gold plate

Naivedyam: milk paayasam, chitraannam, honey

