



गुरुत्वं विस्तारं क्षितिधरपतिः पार्वति निजात्
नितम्बा-दाच्छिद्य त्वयि हरणरूपेण निदधे ।
अतस्ते विस्तीर्णो गुरुरय अशेषां वसुमतीं
नितम्ब-प्राग्भारः स्थगयति लघुत्वं नयति च ॥८१

Sri Paarvatyai Namaha
Control over Fire
agnisthambana vidyaa siddhyartham

पार्वति O, Parvati ! क्षितिधरपतिः हरणरूपेण त्वयि निदधे The Lord of the Mountains has presented to you as dowry the, गुरुत्वं विस्तारं heaviness and expanse, निजात् नितम्बात् आच्छिद्य cut out of His flanks अतस्ते Hence your नितम्ब-प्राग्भारः stupendous hips, विस्तीर्णो गुरुः extensive and big स्थगयति hides अशेषां वसुमतीं this entire earth लघुत्वं नयति च and make it light as well

Oh, Daughter of the Mountain! The Lord of the Mountains has presented to You, as dowry, heaviness and expanse cut out of His flanks. Hence Your stupendous hips, extensive and massy, hide this entire earth and make it light as well.

S.L 81

Japam: Morning facing E /N 1000 times for 45 d

Benefit: Control over Fire

Yantram: Gold Plate

Naivedyam: UluNdu vadai, jaggery paayasam

