

अह: सूते सव्यं तव नयन–मर्कात्मकतया त्रियामां वामं ते सृजति रजनीनायकतया । तृतीया ते दृष्टि: दरदलित–हेमाम्बुज–रुचि: समाधत्ते सन्ध्यां दिवस–निशयो: अन्तरचरीम् ॥४८॥

Sri Visaalaayai Namaha Power to mitigate evil influences of planets

तव सव्यं नयनं Your right eye अर्क आत्मक तया being of the nature of Sun आह: सूते creates the day. ते वामं नयनं Your left eye रजनी नायक तया being of the nature of Moon, त्रियामां सृजति causes night, and ते तृतीया दृष्टि: Your third eye दरदलित–हेमाम्बुज–रुचि: having the luster of a slightly blossomed golden lotus, सन्ध्यां समाधत्ते causes the Sandhya time, which is दिवस–निशयो–रन्तरचरीम् in between the day and night!

Your right eye, being of the nature of the sun gives birth to the day; Your left eye, of the nature of Moon, causes night, and Your third eye, having the luster of a slightly blossomed golden lotus, causes the twilights between them. S. L. 48

Japam: Morning facing E 1000 times for 9 d	86		
Benefit: Relief from evil influences	لع	হ্য	न्
Yantram: Gold plate	Л	र	क
Naivedyam: Honey, fruits, chitraannam		, T	7
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