



जपो जल्पः शिल्पं सकलमपि मुद्राविरचना  
गतिः प्रादक्षिण्य-क्रमण-अशनाद्याहुति-विधिः ।  
प्रणामः संवेशः सुखमखिल-मात्मार्पण-दृशा  
सपर्या-पर्याय-स्तव भवतु यन्मे विलसितम् ॥२७॥

**Sri pustaka hastaayai namaha**  
**For self-realization**  
**Aatma-jnaana praaptyartham**

आत्मार्पण दृशा by the bhava of Atma Samarpanam; जल्पः my blabber /prattle; जपः (let it become) japa; सकलं शिल्पं अपि all my manual work; मुद्राविरचना (let them become) mudras of your worship; गतिः movement (walk); प्रादक्षिण्य क्रमणं (let it become) pradakshinam of You; अशनादि Food, drink etc.; आहुति विधिः (let become) Homam oblations; संवेशः my resting (lying); प्रणामः (become) namaskarams to You; and, सुखं with no effort; मे my; यत् विलसितं whatever actions I do; अखिलं अपि let them all; भवतु become; तव सपर्या पर्यायः Your worship

Oh, Devi, Let my prattle be the repetition of Your mantra; my manual work be the gestures (mudras) offered in Your worship; my movements be Your pradakshinam; my food and drink be oblations offered in fire; my resting be namaskarams to You, and all my actions that give comfort to me be dedication to You. Let all my activities be Your worship !

**S.L. 27**

**Japam:** Morning facing E 1000 times for 6 d  
**Benefit:** Atma Jnaanam and vision of the Divine  
**Yantram:** Gold plate  
**Naivedyam:** Milk

