



क्षितौ षट्पञ्चाशद्-द्विसमधिक-पञ्चाशदुदके
हुताशे द्वाषष्टि-चतुरधिक-पञ्चाश-दनिले
दिवि द्विःषट्त्रिंशन् मनसि च चतुःषष्टिरिति ये
मयूखा-स्तेषा-मप्युपरि तव पादांबुज-युगम् ।।१४

Sri Bhagavatyai Namaha

The Devi seated on the Basic Aadhaara Cakras and beyond
Benefit – Removal of Epidemics and Famines - दुर्भिक्षादि पीडा परिहारार्थम्

तव पादांबुज-युगम् (Oh, Mother) Your pair of lotus feet shine उपरि beyond (above) मयूखाः ये the rays which are, षट्पञ्चाशद् 56 that shine in the Mulaadhaara comprised of the Element क्षितौ of Earth (Prithvi – tattvam); द्विसमधिक-पञ्चाशत् 52 in Manipooraka of उदके the Element Water (Jala-tattvam); हुताशे द्वाषष्टिः 62 in Svaadhishthaana of the Element Fire (Agni-tattvam) चतुरधिक-पञ्चाश-दनिले 54 in Anaahata of the Element Air (Vaayu-tattvam) दिवि द्विःषट्त्रिंशत् 72 in Visuddhi of the Element Ether (Aakaasa-tattvam) मनसि च चतुःषष्टिरिति 64 in Aajna of the Nature of Mind (manas-tattvam) !

56 rays shine in the Mulaadhaara comprised of the element of Earth (prithvi tattvam), 52 rays shine in the Manipoora, of Water (aapat-tatvam), 62 in the svaadhishthaana (agni or tejas-tattvam), of Fire, 52 in the anaahata of Air (vaayu-tattvam), 72 in the visuddhi of the form of Ether (aakaasha-tattvam) and 64 in the aajna (manas-tattvam). Far above all these shine the pair of Your lotus feet. **S.L. 14**

Japam: Morning facing E 1000 times for 45 d
Benefit: Removal of Famine and Epidemics

Yantram: Gold plate

Naivedyam: Milk paayasam

